



Coordinated School Health



(books, dvd's, posters and other materials available for checkout)

1. CATCH: School Nutrition Program Guide (Eat Smart K-8)
2. CATCH: Putting A Stop to Diabetes
3. CATCH: Facts and Activities About Chewing Tobacco and Smoking
4. CATCH: Early Childhood – It's Fun to Be Healthy
5. CATCH: Posters
6. CATCH: Activity Box: Early Childhood - K-2, 3-5 and 6-8
7. CATCH: Resource DVD (3rd, 4th and 5th grades)
8. CATCH: Coordinated Approach to Child Health – Physical Education Teachers Guidebook (K-8)
9. TAKE 10! Grades K-5 (Getting Students Active 10 Minutes At a Time)
10. SPARK Physical Activities: Grades 6-8 and afterschool for ages 5-14
11. Skillastics Game Kits in a bag: Nutritional Cards, Basketball, Fitness and Fit 4 Winter (Cool Kits) ☺
12. TENNDER Care Outreach Healthy Choice Curriculum (K-6)
13. Empowering Youth with Nutrition and Physical Activity
14. Physical Education and 21st Century Learning
15. Cyber Bullying: A Prevention Curriculum (grades 3-5)
16. Body Balance: Interactive Simulation that helps students explore the body's systems and learn about their interdependency
17. Great Places to Learn: Creating Assets -Building Schools That Help Students Succeed
18. Health and Growth
19. Feeling Sick: Allergies, Asthma, Diabetes
20. Go for Health series:
 - Taking Off (4th grade)
 - Celebrate Health – (2nd grade)
 - Jump Into Health (Kindergarten)
 - Everyday Foods for Health (1st grade)
 - Hearty Heart and His Friends (3rd)
 - Breaking Through Barriers (5th)
 - Life in the Balance: Emphasizing Healthy Nutrition and Physical Activity Behaviors (6th, 7th and 8th)
21. First Aid/CPR/AED for the Workplace (American Red Cross)
22. Health is Academics (Coordinated Approach to School Health Programs)
23. NASA (National Association of School Nurses) A Comprehensive Text
24. Calories In, Calories Out – Role of Education in Promoting Healthy Living

25. Safe Dates – An Adolescent Dating Abuse Prevention Curriculum (9-12)
26. Healthy Learning Choices Program: A Behavioral Health Curriculum (K-6)
27. Power of Choice / Activities
28. Helping Youth Make Healthy Eating and Fitness Decision
29. Quality Physical Education Instructional Guide (with activities)
30. Tennessee Physical Activity Handbook: Healthy Students, Healthy Schools, Healthy Tennessee (Prek, K-12)
31. Lifeline Postvention (Responding to Suicide)
32. Empowering Youth with Nutrition and Physical Activity curriculum

33. Michigan Model: Grades 9-12 (Comprehensive School Health Education) Teen Voice Solutions, Help Yourself to Good Nutrition, Teens Campaign Against Tobacco, Building Character in Ourselves and Our School, Healthy & Responsible Relationships (HIV and other STD's and Pregnancy Prevention), Managing Conflicts & Preventing Violence, Managing Life in a Less- Than - Perfect World, Look Young and Stay Healthy, Don't Bet On It, Stay Physically Active for Life

34. Michigan Model: Grades 7-8 (Comprehensive School Health Education) HIV AIDS & other STD's, It's Time to Move, All Bets are Off, Protect a Friend-Share Your Skills, The Two R's for Stopping Assault and Preventing Violence, Building Character Through Service- Learning, What's Food Got to Do With It, Choosing Who I Am-Choosing Who I Become

35. Healthy Tub: Vegetables, Food Model Comparison Cards, Lipo Visuals (a new way of seeing food)

36. DVD's:
 - Smoking: Truth or Dare? (Grades 4-12) *J. Selway 1-18-17*
 - Smokeless Tobacco: Basic Facts *J. Selway 1-18-17*
 - Drinking Games, Alcohol Abuse and Overdose (8 – college)
 - SUPER SIZE ME (6-12)
 - Teen Pregnancy / Real Life Teens (real people/real issues 8-12)